



Health & Safety Guidelines

Flu/Cold, RSV and COVID-19 Protocols for Students

If ill with flu/cold symptoms, remain home until fever free for **48 hours** and symptoms have subsided or are improving.

Too sick for school?

Deciding when a child is too sick to go to school can be a difficult decision to make. When trying to decide, use these guidelines to help make the best decision.

- **Fever:** Keep a child home if they have a temperature of **100 degrees** Fahrenheit or higher.
- **Sore throat:** Be mindful of sore throats, especially those with a fever or swollen glands in the neck. If your child has strep throat, they can return to school after 24 hours of appropriate treatment.
- **Diarrhea:** Keep a child home if they've had loose, watery stool for a 24-hour period.
- **Vomiting:** Keep a child home if they've thrown up in a 24-hour period.
- **Rash:** Watch for rashes, especially those that cause a fever, itching or swelling.
- **Chronic cough and/or green nose discharge:** These conditions may be contagious and require treatment. Please visit your healthcare provider.
- **Ear:** Any ear pain with a fever should be evaluated by a physician. Untreated ear infections can cause permanent hearing loss.
- **Eye Redness:** Eyes that have matted or crust on the eyelids after sleep, mucus or pus drainage, redness, and pain should be evaluated by a health care professional for possible "pink eye" or conjunctivitis.
- **Chicken Pox:** Children with Chicken Pox must remain home for five days after the beginning of blisters, or until all pox are scabbed over and dry.
- **Other Symptoms:** Unusually tired, pale, has a lack of appetite, is difficult to wake, confused or irritable. If symptoms persist, check with your doctor.



Communicable Disease control is an integral part of school health services. Faith Preschool follows the current health rules and regulations governing the control and prevention of communicable diseases that are set up by the state and county health departments. Your child may not return to school until he or she has been fever free for 48 hours without medication.

We ask that you follow the guidelines listed below when returning your child to school after an illness. Always call the school because of illness or an injury at (850) 385-0725.

Disease	May Return	Approximate Return Time
Allergies	With Doctor's Note	Depends on condition
Blushing/ Fifth Disease	Without a fever & a Doctor's Diagnosis	1-3 days
Cold & Flu	Reduction of cough & runny nose, no fever for 24 hours	1-6 days
Chicken Pox	No new eruptions or fever with old dry scabs	1 week
Pink Eye	Doctor's permission with treatment	24hrs after treatment
Impetigo	Doctor's permission with treatment	24hrs after treatment
Head Lice	After verified treatment	1-4 days
Ringworm	With Doctor's permission	After treatment